



## Etiquette Tips for Dancers:

1.

Most dance, especially UCanDance, is about learning, gaining confidence, and improving in a friendly setting. UCD is not a competitive club, and everyone learns at different rates. We pride ourselves on being a social club for everyone from complete beginners to strong dancers who are here to have fun and help out where they can!

2.

When class is in session please do not talk when the teachers are trying to teach. We usually get heaps of people in our classes, especially at the beginning of the year, and we have to fight to be heard!

3.

If you don't quite get a move during class, please feel free to approach a teacher or offsider during free dance time. They'll be wearing club t-shirts so you'll know who to ask!

4.

Leads do not necessarily have to be male and follows do not have to be female. These are traditional but feel free to try the other role if you'd like! It's a great skill to be able to dance as both.

## 5.

A tip for leads; if your follow cannot do the move you're trying to lead, please don't stop during a social dance to try and teach it. It clogs up the dancefloor, as well as makes the follow feel uncomfortable. It may also be your leading that needs a little strength and revision to help dancers follow it effortlessly! Take note of the moves that your follow can do easily and the ones they struggle with, to make for an enjoyable social dance. If something goes wrong during your dance, laugh it off and carry on!

## 6.

Social dancing with a wide range of people is a great way to learn and boost your confidence! If you do not want to accept a dance for any reason (such as you are injured or tired), politely decline. If you have a serious problem with someone in UCan Dance, please approach one of our harassment officers, or any committee member.

## 7.

To ask someone for a dance (whether a lead or follow), ask them first politely if they'd like to dance rather than assuming they will accept. Phrases such as "shall we dance?", "would you like this dance?" are great examples. It is important when asking someone for a dance to ensure they feel comfortable with dips, drops and leans, even if you've danced with them before.

## 8.

Remember to bring deodorant, a clean shirt, mints, and a drink bottle to class as it gets very hot dancing, especially in the warmer months!